MENU

DECEMBER

December 2026
Senior Lunch Menu

	1 Chicken Marsala Mashed Potatoes Broccoli Whole Wheat Roll	2 **KLEZMER & KUGEL LUNCH** Beef Brisket Potato Latkes, Glazed Carrots Challah Bread **Cost: $12M/$15NM**	3 Cheese Lasagna Garden Salad Garlic Knots	4 Pasta Primavera Caesar Salad Garlic Bread
7 Quiche Lorraine (Bacon & Cheese) Garden Salad Whole Wheat Roll	8 Pot Roast w/Gravy Mashed Potatoes Turnips Dinner Roll	9 Beef Tips over Egg Noodles Caesar Salad Garlic Bread	10 Sole Francese Rice Pilaf Grilled Asparagus Dinner Roll	11 Salisbury Steak w/ Mushroom Gravy Mashed Potatoes Beets. Garlic Knots
14 Meatloaf w/Gravy Mashed Potatoes Peas & Carrots Dinner Roll	15 Ham Steak Macaroni & Cheese Broccoli Whole Wheat Roll	16 **HOLIDAY SPECTACULAR** Stuffed Chicken w/Cranberry Stuffing Candied Sweet Potatoes, Green Bean Casserole, Dinner Roll **Cost: $12M/$15NM**	17 Penne w/Meat Sauce Garden Salad Garlic Bread	18 BBQ Pulled Pork Baked Beans Coleslaw Cornbread
21 Grilled Salmon Rice Pilaf Broccoli Dinner Roll	22 Roast Beef w/Gravy Roasted Potatoes Grilled Asparagus Dinner Roll	23 Broiled Scallops Baked Potato Green Beans Whole Wheat Roll	24 **CLOSED FOR CHRISTMAS HOLIDAY**	25 **CLOSED FOR CHRISTMAS HOLIDAY**
28 Pasta Carbonara w/Grilled Chicken Caesar Salad Garlic Knots	29 Stuffed Peppers Pasta Marinara Garden Salad Garlic Bread	30 **NEW YEAR'S EVE BASH** Prime Rib & Stuffed Shrimp Baked Potato, Asparagus, Garlic Knots **Cost: $12M/$15NM**	31 **CLOSED FOR NEW YEAR'S EVE HOLIDAY**	

Please register 3 days in advance by visiting rockyhill.myrec.com or call 860-258-2786
Payment is due at time of registration. Cost $5 for Resident/$10 for Non-Resident unless otherwise noted.



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