MENU

NOVEMBER

November 2026
Senior Lunch Menu

2 Pork Roast w/Gravy Garlic Mashed Potatoes Broccoli, Applesauce Dinner Roll	3 Chicken Piccata over Pasta Green Beans Whole Wheat Roll	4 Tomato Soup Grilled Cheese Chips & Pickles	5 Cheeseburger Sliders w/Lettuce & Tomato French Fries & Pickles	6 Seafood Marinara (Shrimp, Scallops, Clams, Mussels) over Pasta Garden Salad & Garlic Knots
9 Chicken LaCava Mashed Potatoes Green Beans Dinner Roll	10 BBQ Ribs Baked Beans Potato Salad Cornbread	11 **VETERANS DAY LUNCHEON** Pot Roast w/Gravy Mashed Potatoes Turnips Dinner Roll **Cost: $12M/$15NM**	12 Baked Stuff Shrimp Baked Potato Grilled Asparagus Whole Wheat Roll	13 Baked Stuffed Shells Garden Salad Garlic Bread
16 Meatloaf w/Gravy Mashed Potatoes Peas & Carrots Dinner Roll	17 Chicken Parmesan Pasta w/Marinara Sauce Garden Salad Garlic Bread	18 Philly Cheese Steak w/Peppers & Onions French Fries & Pickles	19 Chicken Tacos in Soft Flour Tortillas w/Fixings Spanish Rice & Black Beans	20 Beef Stew Garden Salad Dinner Roll
23 Baked Ham Scalloped Potatoes Broccoli Dinner Roll	24 Swedish Meatballs over Egg Noodles Garden Salad Whole Wheat Roll	25 Carved Turkey w/Gravy Mashed Potatoes, Stuffing Butternut Squash Cranberry Sauce, Dinner Roll	26 **CLOSED FOR THANKSGIVING HOLIDAY**	27 **CLOSED FOR THANKSGIVING HOLIDAY**
30 Garlic Shrimp over Pasta Caesar Salad Garlic Bread				

Please register 3 days in advance by visiting rockyhill.myrec.com or call 860-258-2786
Payment is due at time of registration. Cost $5 for Resident/$10 for Non-Resident unless otherwise noted.



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