

ROCKY HILL PARKS & RECREATION

POOL RULES & REGULATIONS

RULES TO KNOW BEFORE ENTERING

- No one is permitted in the water unless a lifeguard is on duty.
- Everyone entering the facility, whether swimming or not, must present a valid pool pass or pay the daily admission fee.
- Proof of Rocky Hill residency is required to purchase a resident pool pass or receive the resident daily rate. Acceptable proof includes a driver's license with a Rocky Hill address or a photo ID accompanied by mail showing the individual's name and Rocky Hill address.
- Pool passes are non-transferable and non-refundable. Transferring a pass will result in the loss of swimming privileges without a refund.
- The Town of Rocky Hill is not responsible for lost or stolen items.
- Children under age 12 must be accompanied by a responsible adult age 18 or older.
- Individuals under the influence of drugs or alcohol are not permitted within the aquatic facility.
- Proper swimming attire is required. Pants, cut-offs, shorts, and T-shirts are not permitted.
- Children under age 6 and non-swimmers may use the wading pool when accompanied by someone aged 15 or older.
- Swimmers who are at least 45 inches tall may use the outdoor main pool or indoor pool. Non-swimmers who are at least 45 inches tall must be accompanied by a parent or adult and remain in the shallow end.
- Infants and toddlers held in an adult's arms remain the adult's responsibility and are permitted only in the shallow end.
- Lap Swim and Adult Swim are for individuals aged 18 or older. Identification is required.
- Dogs and other animals are not permitted inside the aquatic facility, except during Dog Day at the Pool.
- Food, drinks, and gum are not permitted within the facility.
- Smoking is prohibited on all Town property. Vaping and e-cigarettes are also prohibited on school property.
- Glass, weapons, bicycles, in-line skates, skateboards, beach umbrellas, and electrical devices, including shavers, hair dryers, and curling irons, are prohibited within the aquatic facility.
- Only U.S. Coast Guard-approved life jackets are permitted. A person age 18 or older must remain in the water with any child wearing a life jacket. Life jackets are not provided by Aquatics staff.

SANITATION & SAFETY

- Patrons must follow all lifeguard instructions and respond to one short whistle blast. Visiting with or distracting lifeguards on duty is prohibited.
- During thunder or lightning, the pool and fenced area will be closed and evacuated for 30 minutes after the last sign of the storm, as determined by Aquatics staff.
- In accordance with state law, all patrons must shower with warm water and soap before entering the pool.
- Patrons with symptoms of illness, communicable diseases, skin conditions, sore or inflamed eyes, colds or flu, nasal or ear discharge, excessive sunburn, or open blisters, cuts, bandages, or casts may be denied admission.
- Do not enter the pool if you have diarrhea. Spitting or blowing your nose in the pool is prohibited by state law.

SANITATION & SAFETY - CONTINUED

- Diapers may only be changed at designated changing stations in the locker rooms.
- Individuals who are not toilet trained must wear a swim diaper or cloth diaper with tight-fitting rubber pants. Disposable diapers are not permitted in the pool.
- Only pool personnel are permitted in lifeguard chairs.
- Pool toys must be approved by a lifeguard and are only permitted in the wading pool. Pool toys are not allowed in the outdoor main pool or indoor pool.
- Swimmers must be able to swim two widths of front crawl in good form, with their face in the water and without stopping, to enter the deep end. Lifeguards may restrict deep-end access based on a swimmer's demonstrated ability.
- Prolonged underwater breath-holding is prohibited.
- Running, rough or disruptive play, profanity, and behavior that affects the safety or comfort of others are prohibited. This includes dunking, pushing, chicken fights, and hanging on other swimmers.
- Kickboards are for Lap Swim only.
- Children age 6 and older must use the appropriate locker room.

DIVING RULES

- Diving is prohibited at the outdoor pool.
- At the indoor pool, diving is permitted only from the deep-end wall or diving board.
- Starting blocks may only be used during a Recreation Department program.
- The diving board fulcrum must remain in the forwardmost position.
- Only one person may be on the diving board at a time.
- Walk on the board, dive forward and straight off the board, and swim directly to a side ladder.
- Running, double bouncing, backward dives, flips, twists, sit-drops, and hanging from the board are prohibited.
- The area in front of the diving board must remain clear.
- Non-swimmers may not use the diving board.
- Adults may not catch children at the end of the board or assist them while they are on board.
- Reckless divers will be removed from the diving area.

CONSEQUENCES OF RULE VIOLATIONS

All incidents will be documented.

1. First violation: Verbal warning

2. Second violation: 15-minute removal from the pool

3. Third violation: Removal from the facility for the remainder of the day
Repeated or serious violations may result in the suspension or permanent revocation of facility privileges without a refund. The Police Department may be contacted in extreme cases.

GROUNDINGS FOR IMMEDIATE REMOVAL

Creating a hostile or unsafe environment for employees or patrons will result in immediate removal. This includes:

- Fighting
- Swearing at or threatening staff members or patrons
- Discriminatory language or behavior
- Vandalism of pool equipment or property
- Harassment of any kind

The Town of Rocky Hill reserves the right to modify rules and hours of operation as needed. Not all situations can be addressed in writing; please use common sense and good judgment.