



MENU

SEPT
EMBER

September 2026

Senior Lunch Menu

	SENIOR CENTER CLOSED FOR MAINTENANCE	SENIOR CENTER CLOSED FOR MAINTENANCE	SENIOR CENTER CLOSED FOR MAINTENANCE	SENIOR CENTER CLOSED FOR MAINTENANCE
SENIOR CENTER CLOSED FOR LABOR DAY HOLIDAY	Meatloaf with Gravy Mashed Potatoes Peas & Carrots Dinner Roll	Roast Beef Roasted Potatoes Grilled Asparagus Garlic Knots	Chicken Pot Pie Caesar Salad	Tuna Salad Platter Lettuce & Tomato Fresh Fruit Dinner Roll
Stuffed Peppers Pasta Marinara Garden Salad Garlic Bread	Baked Ham Scalloped Potatoes Broccoli Wheat Roll	SENIOR PICNIC BBQ Ribs, Grilled Chicken Potato Salad, Corn on the Cob, Biscuit Cost: \$12M/\$15NM	Garlic Shrimp Over Pasta Caesar Salad Dinner Roll	Beef Stew Garden Salad Dinner Roll
Pork Marsala Roasted Potatoes Green Beans Dinner Roll	Cheeseburger Sliders With Lettuce, Tomato Onion Rings	Pot Roast with Gravy Mashed Potatoes Turnips Wheat Roll	Chicken Parmesan Pasta Marinara Garden Salad Garlic Knots	Sole Francese Rice Pilaf Broccoli Dinner Roll
Philly Grinder With Cheese Peppers & Onions French Fries Pickles	Pickles Baked Stuffed Shrimp Baked Potato Grilled Asparagus Dinner Roll	TAKE ME OUT TO THE BALLGAME Foot Long Hot Dog Chili, Sauerkraut, Onion Rings, Pickles Cost: \$12M/\$15NM		

Please register 3 days in advance by visiting rockyhill.myrec.com or call 860-258-2786
Payment is due at time of registration. Cost \$5 for Resident/\$10 for Non-Resident unless otherwise noted.

