

Summerscape

— Counselor In Training —
Rocky Hill Parks & Recreation

PARENT HANDBOOK

Summer 2026



Welcome to Summerscape Day Camp!

Dear Parent/ Guardian,

Welcome to the Summerscape CIT Program 2026! On behalf of the Summerscape staff and the Town of Rocky Hill, we would like to extend a warm welcome and thank you for choosing Summerscape for your child's summer vacation needs. We are very excited that your child is joining us for a fun filled summer!

The Summerscape CIT Program has been designed to provide participants direct experience learning about camp operations. Through this program, participants will have the opportunity to learn concepts such as but not limited to; resumes and job applications, job interviews, planning and implementing activities, working with different age groups and abilities, learning about day-to-day camp operations, basic camp medical training, job shadowing with various camp staff, receive weekly performance evaluations and more!

The Parent Information Packet has been created to provide you with more detailed information about this summer's camp experience. Included in this packet, you will find information on:

- **Summerscape Pre-Registration Checklist**
- **Weekly Themes/Spirit Days**
- **Frequently Asked Questions**
- **Camper Health Information**
- **Camper Drop-Off/ Pick-Up Information**
- **Camp Operations**

Should you have any questions, please don't hesitate to contact our experienced office staff at the Parks & Recreation office (860) 258-2772.

Thank you in advance,



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Summerscape Registration Checklist

Below you will find the 2026 Registration Checklist that outlines all the content that is **REQUIRED** to be reviewed and/or completed prior to your child(ren)'s camp registration for this summer.

○ Before Registering:

- **Review:** Summerscape CIT Program Parent Handbook 2026
- **Complete Online Camper Forms (*Required - For EACH Child*):**
 - **Camper Health Assessment Questionnaire** (*Provide all health information for your child's safety.*)
 - **Camper Pick-Up Authorization/Emergency Contact Form** (*Specify authorized and unauthorized individuals for pick-up.*)
 - **Parent/Guardian Acknowledgement Form** (*Confirm you have read and understand the Summerscape Parent Handbook and policies.*)

○ During Registration:

- **Access Online Registration:** Visit the Rocky Hill Parks & Recreation website: <https://rockyhillct.myrec.com/info/>.
- **Enroll Your Child(ren):** Based on program availability.
- **Submit Full Payment:** Required at the time of online registration.
 - **Note:** *Completing the online forms beforehand is strongly recommended, as they are required before you can finalize registration.*

○ After Registration (If Applicable):

- **Contact the Office (860-258-2772):** If your child requires medical accommodations (e.g., medication management for diabetes, Epi-pens, inhalers).
- **Complete Additional Medical Paperwork:** Obtain required forms from the office; these must be completed by your child's physician prior to camp.
- **Arrange to Speak with the Camp Nurse:** To discuss any other necessary medical accommodations.
 - **Important:** *Failure to provide required medical documentation before your child's arrival may result in them being unable to attend camp. Refer to the "Summerscape Health Information" section for more details.*

Summerscape Weekly Themes/Spirit Days

Week	Theme	Spirit Day
Week 1 (6/22 - 6/26)	Rocking & Rolling into Camp	Decades / Rockstar Attire
Week 2 (6/29 - 7/3)	America's Birthday Bash	Red, White and Blue Attire
Week 3 (7/6 - 7/10)	Sun, Sand & Summer	Tropical Attire
Week 4 (7/13 - 7/17)	Mixed-Up Madness	Mismatch / Silly Attire
Week 5 (7/20 - 7/24)	Summerscape Superheroes Save the Day	Dress in Superhero Attire
Week 6 (7/27 - 7/31)	Let's Get Ready to Rumble	Dress in Team Color
Week 7 (8/3 - 8/7)	Summerscape's Got Talent	Daytime-Camper Talent Show

Summerscape

FAQ's

Who can participate in the Summerscape CIT Program?

Participants who are age 14 or 15 as of June 22, 2026 (Residents & Non-Residents)

Where is Summerscape CIT Program Located?

Camp is located at Rocky Hill High School (50 Chapin Ave, Rocky Hill, CT 06067)

What are the hours of Summerscape?

- **Early Program:** 7:30am – 8:30am (*Additional Cost*)
- **Regular Hours:** 8:30am – 4:00pm
 - Drop off - 8:30am - 9:00 am
 - Pick up - 3:30pm - 4:00pm
- **Late Program:** 4:00pm – 6:00pm (*Additional Cost*)

What should my child bring to camp?

- **Bathing Suit & Towel** (*For water based activities, including swimming*)
- **Sunscreen** (*See Sunscreen Policy- found on the online Parent/ Guardian Acknowledgement Form*)
- **Bagged Snack & Lunch** (*Food is not provided*)
- **Bottled Water or Refillable Water Bottle**
- **Sneakers** (*No Flip Flops, Crocs, etc.*)
- **Any necessary medication and appropriate paperwork** (*See Summerscape Health Information*)

Can my child bring medication to camp?

Campers need to have a current Authorization for Medication Form filled out, signed and dated by the licensed health care provider (See Summerscape Health Information).

Does Summerscape CIT Program run any safety drills?

Yes, Summerscape will be conducting various safety drills at random during the summer. Please discuss this with your child(ren) to help prepare them. They should already be accustomed to them through their schools. CIT's will NOT be participating in such drills, only staff members.

Does Summerscape CIT Program send out any notices?

Yes, Summerscape will have a weekly newsletter that goes out at the beginning of each camp week. In addition, CIT's will receive evaluations throughout their enrolled time at camp, which will be available for parent review.

Do I need identification when I pick-up my child?

Yes, per our policy, anyone listed who is authorized to pick-up your child(ren), including yourself, must present a physical photo ID to Summerscape staff at the time of camper pick-up. Please see Summerscape Drop-Off/Pick-Up Below.

Am I allowed to venture into the camp grounds?

No. We typically do not allow parent/guardians beyond the sign-in/out stations as we take security measures very seriously at camp. In the event a parent/guardian is granted permission to go onto the camp grounds, they will either be escorted by a Camp Director and/or other designated Camp Staff.

Does Summerscape CIT's go on any field trips?

No, Summerscape CIT Program will remain on-site for the summer. Only the Summerscape Teen Camp will be participating in off-site field trips.

May my child swim at Summerscape?

- CITs assigned to the Pre-K/K group **WILL NOT** participate in swimming. However, **water-based activities** will be facilitated instead (weather pending) that they should be prepared to participate in.
- CIT's assigned to the Grades 1-5 groups **WILL** have the opportunity to participate in swimming at the **Rocky Hill High School indoor pool**.
- If participating, due to the large age gap between Day Camp campers and CITs, CITs are required to change in bathrooms or locker room stalls into **appropriate one-piece swim attire**.

Are CIT's considered staff members?

No. **All CIT's are considered to be campers of the Summerscape Camp program** due to their age. It's important to note, the CIT program is NOT for those looking to accumulate volunteer service hours as this is intended to be a structured career development program for those enrolled.

Are CIT's evaluated on their performance?

Yes, all CIT's will be evaluated on a regular basis. In special circumstances, a meeting may be requested with the Camp Directors to discuss your child's performance. For those CIT's who appear to lack interest, motivation and/or proper judgement to excel in the CIT program, a decision from the Parks & Recreation Department may be made to remove the CIT from the program.

Can CIT's use their cell phones at camp?

No. Please reference the "Personal Belongings at Camp" section.

Are CIT's allowed to take time off?

- Yes, should CITs choose to take any time away from camp, that is strictly their decision. However, you should note that refunds and/or pro-rated discounts will not be offered. We do ask for advanced notice of absences of at least one day.

What will my child learn as a CIT this summer?

- Each week, CIT's will be assigned to a specific group Pre-K through Grade 5. Depending on camp enrollment, it is our goal to have our CIT's interact with different grades each week, but cannot be guaranteed.
- Our anticipated curriculum will be as follows (please note this curriculum is subject to change):

Week	CIT 3 Week Session	CIT 6 Week Session
Week 2 (6/29 - 7/3)	Camp Orientation Activity Development Job Application/Resume	Camp Orientation Activity Development Job Application/Resume Activity Specialists Special Events at Camp
Week 3 (7/6 - 7/10)		
Week 4 (7/13 - 7/17)		
Week 5 (7/20 - 7/24)		
Week 6 (7/27 - 7/31)	Camp Orientation Activity Development Job Application/Resume	
Week 7 (8/3 - 8/7)		

⊕ Summerscape ⊕ Health Information

Camper Health Assessment Questionnaire

All campers are required to have a completed Camper Health Assessment Questionnaire on file with Parks & Recreation while attending camp. It is the parent/ guardian's responsibility to make sure the camper's current health assessment questionnaire is completed as accurately as possible prior to registration. In the event of any changes related to the camper's health after submitting this form, you will be required to provide an updated form. **Campers without a current information on file will not be permitted at camp.**

Medication

If your child will need medication while at Summerscape, the **Authorization for Administration of Medicine by Camp Personnel** form must be filled out and on file, **including the signature of a licensed health care provider**. Regardless of whether your child will self-administer or the medication will be administered by the camp nurse, this form must be completed in its entirety; this applies to both prescription and over-the-counter medications. **Please use a separate form for each medication.** Our camp nurse may follow-up with you to develop an individualized care plan and assist with special accommodations which may result in additional paperwork as needed.

Medication may not be stored at camp overnight. Medication must be sent to camp in its original container, with the pharmacy label with the camper's name, the medication type, dose, and time that it needs to be taken. This container should be given to the camp nurse, or director at check-in. **Failure to comply will result in your child not being able to stay at camp until the issue is resolved.**

Permission to Treat

By checking you acknowledge the "Permission to Treat" section on the acknowledgment page, you agree to permit any trained professional, doctor or medical facility to administer an anesthetic and perform emergency procedures. If you opt not to sign this form, you must state in writing to the camp nurse that you do not wish to have this kind of care for your child prior to registration.

Summerscape Drop-Off/ Pick-Up

Drop-Off/Pick-Up

Your child should arrive at camp daily between 8:30am and 9:00am (**Doors WILL NOT open and camp staff are not responsible for children prior to 8:30am – except for those campers enrolled in Early Program**). Afternoon pick up is from 3:30pm to 4:00pm.

Camper drop-off/ pick-up will take place in the **gymnasium**, unless otherwise specified. Parent/Guardians must enter the gym from the softball field side entrance to the building. Entry through the front and rear doors will be strictly prohibited. A staff member will be able to assist you with the sign-in/sign-out process.

Parents/guardians are required to entire the building with their camper(s) for drop-off.

Your child will only be released to someone you have listed with us on the camper pick-up form, unless you send in a written note signed and dated by you in advance.

Please note, if your child is picked-up after 4:00pm there will be a \$50 late fee. In addition, this fee applies to any child picked-up after 6:00pm who is enrolled in Late Program. This fee must be paid to the Parks and Recreation Office the next business day in order for your child to remain at camp.

Camper Pick-Up Form

This mandatory form authorizes the camp staff to release children to selected individuals such as parents, caretakers, neighbors, etc. One form should be submitted for each camper. If you are not on the list, you will not be permitted to pick up your child so be sure to include yourself when filling out the paperwork. Please ensure to include yourself on the form as well.

Camper Early Dismissal

If you will be picking up your child early, someone is always present in the gym to assist you. Please do not walk school grounds looking for your child.

Early and Late Program

You must be pre-registered for these weekly programs. The early program hours are from 7:30am-8:30am. The late program hours are from 4:00pm-6:00pm. For these programs, you must drop off and sign out your child. Please review arrival/pick-up policy above.

Summerscape Camp Operations

Discipline Policy

At Summerscape, inappropriate behaviors, even of a minor nature, will be addressed as soon as the behavior is observed and/ or reported to prevent escalation. Serious violations will be addressed by the Directors. The Directors will work with the staff and the parent/guardian to support appropriate camper conduct. Campers who exhibit repeated behavioral problems or do something of a more grievous nature may be suspended or expelled from camp. All disciplinary actions are at the discretion of the Camp Directors and/or Recreation Supervisor. Corporal punishment will NEVER be used in any circumstances. If you know ahead of time that your child may need behavioral assistance at camp, please ask to speak with one of our Camp Directors.

Clothing

Please make sure your child is dressed for active, outdoor play each day – **absolutely NO open-toed footwear**. CITs who arrive wearing open-toe footwear and/or footwear deemed unsafe will not be able to participate in certain activities. All CIT's will receive **3 shirts** upon arrival on their first day to be worn Monday through Thursday, with appropriate pants/shorts. On Fridays, it's expected that CIT's participate in the announced weekly themes/spirit day.

CITs should bring a bathing suit and towel every day, both for use in the pool and/or water games. In addition, attire and hygiene are the responsibility of the CITs and their parents. Campers whose attire is judged by the staff to be distracting, disruptive, or dangerous to personal safety will be subject to disciplinary action. Furthermore, the following are specifically prohibited:

- Black soled, lug-type shoes which can leave black marks on the floors or walls
- All clothing, jewelry and tattoos shall be free of the following: profanity, violent images or weapons, sexually suggestive phrases or images, gang related symbols or colors, alcohol, drugs or advertisements of such products.

Snack/Lunch

Please send your child with a water bottle, snack **separate from lunch**, and lunch with his/her name on it. Lunches will be refrigerated. **There are no facilities available for heating food**. Also, if your child has a specific food allergy, please ensure it is listed on registration forms.

Rainy Days/Hot Days

Camp is held regardless of weather. On extremely hot days we make every effort to keep our campers cool and hydrated.

Personal Belongings at Camp

Camp is an active fun place where we plan many activities. We ask that ALL personal belongings stay at home as they are considered a distraction to the camp environment.

Items such as but not limited to that should stay home include:

- **Sporting equipment** (baseball bats, bicycles, gloves, cleats, etc...)
- **Trading cards** (Such as Pokémon...)
- **Electronics** (Video Games, Cell Phones, Computers, Tablets, etc...)
- **Toys** (Beyblades, action figures, dolls, etc...)
- **Valuables** (Jewelry, Money, etc...)

In the event any of these items are found at camp, camp staff will ask campers to immediately place them in their backpack and ask to not take them out or have them return to camp. Should this request be violated, items will be confiscated by the Camp Directors and returned at pick-up time. We will not be held responsible for lost, stolen and/or damaged items.

Lost and Found

Children often misplace/lose their items at camp. We do have a Lost and Found at camp, so please be sure to check it often for items that may belong to you. Also, make sure to write your child's name on their belongings so they can be returned if found at camp. If items are not claimed by the end of the camp season, they will be disposed of.

Publicity

By registering for our program you give us permission to take and publish photos of your child participating. If you do not wish to have him/her photographed you must put this in writing prior to the start of camp.

Disclaimer

It is important to note that the content in this document is subject to change at any given time. In the event of any changes, our department will make all reasonable efforts to share these updates in a timely manner.