

ROCKY HILL HIGH SCHOOL POOL SCHEDULE

Updated 12/15/2025

Schedule for January 5th - February 14th

SWIM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Early Bird Lap Swim (age 18 and up)	6:30-7:00am	Please be sure to park in the north lot (closest to Parsonage Street) for Early Bird Swim				
Senior Swim (age 55 and up)		2:40-3:10pm		2:40-3:10pm		
Sea Lions Swim Team	5:00-6:30pm	5:00-6:30pm	5:00-6:30pm	5:00-6:30pm	5:00-6:30pm	
Lap Swim (age 18 & up)	7:30-8:30pm		6:30-7:30pm	7:30-8:30pm	6:30-7:30pm	12:00-2:00pm
Recreational Swim (all ages)	6:30-7:30pm		7:30-8:30pm	6:30-7:30pm	7:30-8:30pm	2:00-4:00pm
Youth Swim Lessons		6:35-8:30pm				
Adult Swim Lessons			7:30-8:30pm*			

POOL SCHEDULE CHANGES AND NOTES:

Pool closed on January 19th and 24th

Senior Swim will not be held when the high school has home swim meets: 1/6, 1/13, 1/27, and 2/3 . Please note that meets can be changed or added without warning

Pool schedule is subject to change at any time at the discretion of the Rocky Hill Parks and Recreation Department

Youth Swim Lessons: Youth Swim Lessons will be offered on Tuesday evenings between 6:30 and 8:30
You can find the most updated Youth Swim Lesson Schedule on our website

Adult Swim Lessons: Drop in Adult Lessons with pool admission are held every Wednesday the pool is open from 7:30-8:30pm. A member of the lifeguard staff will work with you on your swimming skills

Pool admission:				
Pool Pass	Year round family \$120 for up to 6 people at same address \$5 each for additional family member	Year round individual \$75 Ages 18+	Resident Seniors Free Ages 55+	Replacement badge \$25 Must be purchased at Recreation Office
Drop-In Fee	Residents \$5.00 without badge	Non residents \$8.00		

Rocky Hill Parks and Recreation Department

860-258-2772

www.rockyhillct.gov/parkrec